



GLASSER AUSTRALIA

IGNITE THE POWER OF CHOICE

ANNUAL REPORT
2024-2025

www.glasseraustralia.com

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As an organisation with national reach, we extend our respect to all Elders and First Nations Peoples across Australia. We acknowledge the traditional owners of the lands and seas where Glasser Australia (GA) members live, work and play. We pay our respects to Elders past, present and emerging.

Glasser Australia Annual Report 2024 – 2025

Reporting Period.

This report is for the period 1 July 2024 – 30 June 2025.

Board Attendance.

Total Regular Meetings - 9

Susan Fleming - 9

Jodie Paterson - 8

Jo Astorini - 9

Cath Whalan - 9

Rebecca Lane - 6

Sarah Rudling - 7

Duncan Davison – 9

Peter Zanol - 8

Jane Newman - 7

Annual General Meeting 2024.

Board Attendance: Susan Fleming, Jo Astroni, Sarah Rudling, Bec Lane, Cath Whalan, Duncan Davison, Jodie Paterson, Mary Ellen Davis, Maureen Sansom, Michelle Sandri, David Davis, Max Greive, Christine Duffield, Jeff Steedman, John Archibald, Kalikamurti Suich, Sue Berry, Cathy Dillon, Judy Hatswell, Sylvia Habel, Tina Duffield, Maggie Bolton, Chris Bolton, Kerry Taylor, Garry Garnaut, John Cooper and Paula Baxter

Apologies: Rob Stones, Lizzie Waddell, Jane Newman, Cathy O'Toole

Note.

Every effort has been made to issue this report with accurate information.

Questions and Comments.

Please direct all questions and comments to the Glasser Australia's office in the first instance:

Tel: 0427 667 385

Email: gaadmin@glasseraustralia.com.au

Positions

Board Directors 2024 – 2025

President	Jodie Paterson
Immediate Past President	Susan Fleming
Treasurer	Jo Astorini
Secretary	Cath Whalan
Training Officer	Rebecca Lane
Board Director	Sarah Rudling
Board Director	Duncan Davison
Board Director	Peter Zanol
International Board Representative	Jane Newman

Employed Staff.

Administration	Paula Baxter
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Regional Coordinators.

Northern Territory	John Cooper
Hunter, New South Wales	Vacant
Sydney, New South Wales	Michelle Sandri
Darling Downs, Queensland	John Archibald
South East Queensland	Kerry Taylor
South Australia	Christine Duffield
Victoria	Cathy Dillon
Western Australia	Alison Turner

Faculty

Senior Faculty.

Sue Berry	Garry Garnaut
Maggie Bolton	Judy Hatswell
Mary Ellen Davis	Ivan Honey
Mary Farrell-Jones	Gwen Sands
Susan Fleming	Rob Stones

Basic Intensive Instructors.

John Archibald	Rebecca Lane
Jenny Boyall	Aminta Miller
Mark Burnard	Jane Newman
Debbie Buscall	Gerard O'Brien
Deb Cox	Jodie Paterson
Duncan Davison	Sarah Rudling
Christine Duffield	Jeff Steedman
Glenys Gardam	Nancy Snow
Max Greive	Kalikamurti Suich
Sylvia Habel	Cath Whalan
Laura Halliday	
Colleen Hope	

Practicum Supervisor.

Chris Bolton	Michelle Sandri
Di Childs	Maureen Sansom
Tina Duffield	Kerry Taylor
Kerri Hodgson	Debbie Heather
David Hyatt	Sue O'Connor-Mclean
Marinela Mendes	
Graham Nunn	

Statement of Strategic Intent 2024 -2026



Glasser Australia promotes and supports the teaching, learning and practice of Choice Theory – a psychological framework that provides an opportunity to understand:

- How and why people behave.
- Competency based conversations that facilitate change and encourage self-evaluation and personal responsibility.
- How to lead for maximum engagement and productivity whilst prioritising respectful relationships.

Our Purpose

To enhance people’s capacity to cultivate connected and caring relationships with themselves and others to live meaningful lives.

Guiding Principles

Accepting, Negotiating, Listening, Encouraging, Respecting, Supporting & Trusting

What we do

Glasser Australia’s Board oversees the quality, integrity and promotion of Glasser endorsed Choice Theory training programs within Australia’s Human Services, Education, Business and Community sectors. We provide opportunities for members to share their impact of these principles in society.

How we do it



President's Report

Susan Fleming



As Acting President, it gives me great pleasure to report that our organisation continues to flourish and grow. I want to sincerely thank everyone including our Board Members, Faculty, and General members who have contributed to this growth.

I would also like to acknowledge and thank Jodie Paterson, who recently resigned from the Board, for her significant contributions over the past two years. Jodie has served in multiple roles, including Secretary, Fifth Director, and most recently as President since October 2024. Her leadership in developing our strategic direction and overseeing the review of our policies and procedures has been invaluable.

Key Highlights and Achievements for 2024/25

- **Governance and Compliance**
The Governance Committee completed a full review of our policies and procedures to ensure compliance with ACNC statutory requirements.
- **Website Revamp**
The Glasser Australia website was redeveloped to provide greater opportunities for people to connect with Choice Theory. Phase 1 has been completed, and Stage 2 is now underway. This includes Faculty profiles, fillable forms, an online shop, and a resource library.
- **Membership Growth**
The Collaborative Lead and Influence Pillar reviewed our membership model and trialled a 12-month reduced general membership, which successfully doubled our general membership.
- **Communications**
Our new monthly newsletter, Choice Matters, was launched in December 2024 and is available on our website. Many thanks to our members for contributing articles - your support is greatly appreciated, and contributions are always welcome.
- **Faculty Connections**
The online Faculty Connections group, facilitated by Sue Berry and Gary Garnaut, continues to provide meaningful opportunities for Faculty members to explore and deepen the application of Dr. Glasser's work. Regular webinars have been introduced. Two webinars were held during this reporting period. Sincere thanks to Faculty members for supporting and sharing their skills and knowledge to embrace these initiatives.
- **Training and Faculty Development**
The Support Training and Faculty Growth Pillar updated our training policy in consultation with Faculty to align with the new WGI training policy through to Certification. The faculty manual was also reviewed.
Faculty growth has been strong, with two new Senior Faculty members and 11 new Practicum Supervisors endorsed helping build sustainability into our organisation.
- **Human Services Engagement**
The stakeholders' group for the Human Services sector continues to implement recommendations from the Social Workers Placement Report. Online workshops were held, and regular Reality Therapy peer supervision groups for human service workers are planned.
- **Glasser Quality Schools**
Peregian Springs State School was re-coveredified as a Glasser Quality School during this reporting year. Australia has five Quality Schools, along with many others applying Choice Theory as their philosophical foundation. Our Quality School Coordinator, Christine Duffield,

remains a valuable support to schools interested in taking the journey. A number of our Board members regularly attend the WGI Quality Schools Committee chaired by Bette Blance

- **Pillar Work**

Our three pillars continue to implement our operational plans. The work of the pillars is essential to move our organisation forward, particularly as our Board is entirely volunteer based. If you are inspired by the pillar reports contained in this report and wish to contribute, please contact the relevant chair - they would warmly welcome your involvement.

- **Global Connections**

Glasser Australia continues to work closely with William Glasser International (WGI). We are fortunate to have two Australians on the WGI Board: Laura Halliday, Chair of the Marketing Committee, and myself, Chair of the Training Committee. Our MO Rep, Jane Newman, regularly attends WGI MO meetings, strengthening communication and collaboration with our global colleagues and community. Several of our members have also featured in WGI's biannual online symposiums.

- **Conference 2024**

Our annual conference, held at Twin Towns, Coolangatta in October 2024, was a great success, with 75 participants and a Faculty Day to launch the reviewed Training to Certification policy. The pre-conference workshop, Connect with Compassion, featured keynote speaker Associate Professor James Kirby and was very well received. Our sincere thanks to Maureen Sansom and her hardworking team for their excellent coordination of this event.

- **Upcoming Conference 2026**

Australia is proud to host the WGI International Conference, Embracing Courage, at Twin Towns, Coolangatta from 1–4 October 2026. Conference Convener Sarah Rudling has already confirmed an exciting lineup of keynote speakers which she has highlighted in her report.

- **Board Development**

The Glasser Australia Board, both new and continuing members, have been actively strengthening relationships and fostering a sense of collegiality and collaboration to develop and advance our strategic plan through online meetings.

Looking Ahead

A key strategic goal for Glasser Australia is sustainability and growth. Like many volunteer boards, one of our challenges is attracting new and younger members who have the skills and time to contribute to our strategic goals and build on our visions for the future. This year, six Board positions are up for nomination at the AGM, including two vacant positions: President and one Board Director. If you are interested in contributing to these areas, or being a Director on the Board, we would love to have you join us.

Finally, I would like to extend a heartfelt thank you to Paula, our Office Administrator, for her ongoing support. Paula's willingness to assist and her efficiency in keeping operations running smoothly are deeply appreciated.

Treasurer's Report

Jo Astorini



Glasser Australia's purpose is to inspire effective connections through quality relationship with self and others using the guiding principles of integrity, connection and quality. The Board lead manage Glasser Australia Faculty and members to build trust and inspire purpose, belonging and sustainability of the organisation.

The Glasser Australia unaudited report shows a profit of \$9272.59
The operating profit/loss for Glasser Australia for the year was \$14639.75

Training and Membership Income for 2024 – 2025

Basic Intensive Training	\$121 000.00
Advanced Intensive Training	\$3400.00
Faculty Training	\$18963.62
Basic Practicum Training	\$2904.54
Advanced Practicum Training	\$409.09
Certification Training	\$3327.28
Regular Membership	\$1409.22
Corporate Membership	\$450.00
Faculty Membership	\$8595.34

The cash flow for the year has remained consistent. Balances of the bank accounts as of 30/6/2025 are:

General Account	\$170 216.41
Conference Account	\$508.04
Scholarship Account	\$13917.03
Credit Card Account	\$1325.13
Term Deposit	\$100 000.00

The following detailed financial reports are included at the end of this report:

- Balance sheet as at the 30 June 2025
- Profit and Loss from 1 July 2024 to 30 June 2025

Glasser Australia continues to maintain a strong financial position, demonstrating resilience and strategic alignment with its long-term growth objectives and commitment. While overall financial health remains robust, the past financial year saw a significant decrease in operating profit and loss of 74.49%. This decline is primarily attributable to two key factors:

- general downturn in the volume of training activities
- faculty training courses running at a loss in supporting the growth of faculty

Despite the notable reduction in operating profit, Glasser Australia's financial activities and investments during the year have been carefully managed to align with our long-term strategic goals. The organisation's underlying financial strength provides a stable foundation for future initiatives.

KEY FINANCIAL 2024-2025 ACTIVITIES:

1. **Glasser Australia Website Restoration:** - A significant investment of \$12,572.84 has been made to the ongoing restoration of Glasser Australia's website. The upgrade is to provide current information, enhance user-friendliness, and ensure relevant content.
2. **Glasser Australia International Representative** - Glasser Australia contributed \$3,000.00 towards Jane Newman's participation in the 2025 WGI International Chicago Conference. The funding supported Jane in her role as both a presenter and the international representative of Glasser Australia, enabling her to share her expertise and represent Glasser Australia on an international stage.
3. **WGI – William Glasser International Training Fees** – The fees for 2024 – 2025 period were \$13,440.00 AUD with a balance of \$5420.00 AUD to pay on 30 June 2025.
4. **Glasser Australia Conference October 2024** - The Glasser Australia Conference, held in October 2024, was a resounding success, drawing an impressive representation of international and interstate members and guests. The event provided a valuable platform for networking, learning, and sharing insights, strengthening the community of those passionate about Glasser's work. The conference's success wasn't just measured in the high attendance and positive feedback; it also yielded a significant financial outcome, with a profit of \$15,974.93, ensuring the continued growth and development of Glasser Australia.

Profit and Loss Statement

Glasser Australia
1 Merritt Street
FLINDERS VIEW QLD 4305

Profit & Loss Statement

July 2024 To June 2025

INCOME				
Credit Card fee			\$0.02	
TRAINING				
AIT Fees		\$3,400.00		
BIT Fees		\$121,000.00		
Certification Training		\$3,327.28		
Take Charge of Your Life		\$127.27		
Basic Practicum		\$2,904.54		
Advanced Practicum		\$409.09		
Workshop		\$90.91		
Total TRAINING			\$131,259.09	
FACULTY TRAINING FEES				
PSPT LOI		\$45.45		
PSPE		\$17,418.17		
Senior Faculty Fees		\$1,500.00		
Total FACULTY TRAINING FEES			\$18,963.62	
MEMBERSHIP FEES				
Faculty Membership		\$8,595.34		
Regular Membership		\$1,409.22		
Corporate Membership		\$450.00		
Total MEMBERSHIP FEES			\$10,454.56	
CONFERENCE				
2-day full package - member		\$11,818.18		
Conf Full 3 day - Non Mem		\$6,681.81		
Conf Full Package 3 days-member		\$22,681.86		
Fulltime student/concession		\$545.45		
choices for the common good		\$181.82		
Single Day Registration		\$636.36		
Conference Functions		\$1,545.47		
Two Day Registration		\$545.45		
Sales Memorabilia		\$181.80		
Accommodation		\$4,902.73		
Total CONFERENCE			\$49,720.93	
Quality Schools				
Quality School application fee		\$250.00		
Bank Interest			\$3,007.96	
Credit Card fee			\$1.00	
Books			\$895.46	
Miscellaneous Income			\$36.36	
Finance Charges			\$1,950.00	
Total INCOME				\$216,539.00
COST OF SALES				

Purchases - Books			\$969.26	
Total COST OF SALES				\$969.26
Gross Profit				\$215,569.74
EXPENSES				
GENERAL EXPENSES				
Bank Fees		\$64.70		
Tyro fees		\$283.05		
Credit Card Fee		\$6.10		

stripe fee		\$640.20		
Total GENERAL EXPENSES			\$994.05	
FACULTY TRAINING				
Instructors Accommodation		\$3,268.18		
Instructors Fees		\$21,245.45		
Instructors Internal Travel		\$2,605.14		
Catering/Participants Training		\$1,844.62		
Venue		\$1,496.59		
Print of Certificate Training		\$518.18		
Total FACULTY TRAINING			\$30,978.16	
BOARD COSTS				
Accommodation Conference		\$6,358.18		
Training for Board		\$195.00		
Total BOARD COSTS			\$6,553.18	
INSURANCES				
Workers Comp.		\$585.09		
Community volunteer accident		\$2,264.08		
Business Insurance		\$464.00		
Total INSURANCES			\$3,313.17	
OFFICE EXPENSES				
Office expenses		\$3,435.84		
Computing		\$5,931.61		
Electricity related party transaction		\$1,364.92		
Postage - Office		\$271.67		
graphic design work		\$725.00		
Website maintenance		\$12,572.84		
Office Expense		\$45.00		
Printing & Photocopying		\$1,684.54		
Stationery		\$1,420.07		
Telephone / Fax		\$952.53		
Myob Subscription		\$942.56		
Bookkeeping		\$269.50		
Total OFFICE EXPENSES			\$29,616.08	
WGI AFFILIATION				
Training Fees WGI		\$13,440.00		
Total WGI AFFILIATION			\$13,440.00	
FACULTY RETREAT EXPENSES				
Venue Hire		\$330.91		
Total FACULTY RETREAT EXPENS			\$330.91	
Conference expenses				
Accommodation		\$2,778.18		
Marketing conference		\$247.25		
Entertainment		\$1,000.00		
Guest Speakers		\$4,928.80		

Photocopying		\$83.64		
Stationery		\$1,304.55		
Venue		\$23,487.45		
Venue		\$363.64		
Total Conference expenses			\$34,193.51	
INT CONF 2026				
stationery		\$80.00		
Venue		\$4,545.45		
Total INT CONF 2026			\$4,625.45	
PAYROLL EXPENSES				
Wages		\$68,982.12		
Superannuation		\$7,903.36		
Total PAYROLL EXPENSES			\$76,885.48	
Total EXPENSES				\$200,929.99
Operating Profit				\$14,639.75

Total Other Income				\$0.00
Other Expenses				
Other Expenses				
Gifts		\$50.00		
Total Other Expenses			\$50.00	
Refunds				
Basic Practicum Refund		\$90.00		
BIT refund		\$3,740.00		
Administration refund		(\$559.20)		
Conference Refund		\$181.82		
Membership Refund		\$860.00		
Total Refunds			\$4,312.62	
Overpayment			\$95.45	
scholarship cert/faculty training			\$909.09	
Total Other Expenses				\$5,367.16
Net Profit/(Loss)				\$9,272.59

Balance Sheet

Glasser Australia
1 Merritt Street
FLINDERS VIEW QLD 4305

Balance Sheet As of June 2025

Assets				
GA General Account			\$170,216.41	
GA Conference account			\$508.04	
GA Scholarship account			\$13,917.03	
GA Term Deposit			\$100,000.00	
Trade Debtors			\$360.00	
Office Equipment At Cost			\$15,621.52	
Equipment Accumulated Dep			(\$15,021.66)	
Sale of office equipment			(\$318.18)	
Stock on Hand			\$1,951.60	
Total Assets				\$287,234.76
Liabilities				
Current Liabilities				
GA Mastercard account		(\$1,325.13)		
Trade Creditors		\$5,420.00		
Superannuation Payable		\$143.29		
PAYG Withholding Payable		\$5,924.00		
Provision for Annual Leave		\$9,733.81		
Provision for Long Service Leave		\$10,175.23		
Total Current Liabilities			\$30,071.20	
GST Liabilities				
GST Collected		\$9,115.53		
GST Paid		(\$1,438.06)		
ATO Running Balance Account		(\$5,505.00)		
Total GST Liabilities			\$2,172.47	
Total Liabilities				\$32,243.67
Net Assets				\$254,991.09
Equity				
Retained Earnings			\$245,718.50	
Current Earnings			\$9,272.59	
Total Equity				\$254,991.09

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Conference Convenor's Report

Sarah Rudling



The theme for the 2026 WGI International conference is 'Embracing Courage'. This theme has been chosen to reflect the work being done both in Australia and around the world, utilising internal psychology theories and practices to gain effective control over one's life.

The conference will highlight inspirational speakers and workshop presentations from both Australia and overseas presenters with 5 key focus areas: education; business; psychology and counselling; parenting; and community. The conference will be held from 1 - 4 October 2026, at the Mantra Twin Towns at Coolangatta.

The GA conference committee has already engaged the following keynote speakers:



Kirli Saunders - a proud Gunai Woman who rarely stays in her lane. She's an award-winning multidisciplinary artist, writer, singer-songwriter and consultant. Kirli creates, to connect, to make change. She was awarded an Order of Australia Medal for her contribution to the arts (2022). Kirli's books, *Returning*, *Bindi*, *Kindred*, *The Incredible Freedom Machines*, *Our Dreaming*, *The Land Recalls You* (Scholastic 2024) and her most recent release, a children's picture book, *Afloat* (Hardie Grant), have been celebrated by the Prime Ministers, QLD, WA, Victorian Premier's, Adelaide Festival, Kate Challis RAKA, ABDA, ABIA and CBCA awards. Her forthcoming titles include her poetry collection, *Eclipse* (JOAN, 2025). She is currently writing her anticipated novel, *Yarraman*. Her award-winning films, including *Cry of the Glossy* (Grassland Films) and *Wallflowers and Evergreens* (Tad Souden), have been shown worldwide at film and literary festivals.

John Maclean - During fitness training near his hometown in June 1988, John Maclean was hit by an 8-tonne truck as he rode his bike. The impact resulted in John suffering multiple breaks to his pelvis and back, a fractured sternum, punctured lungs, and a broken arm, and left John a paraplegic. It took astonishing courage and determination, but somehow this near-fatal accident was the making of him.

Despite the grief of what he had lost, the excruciating physical pain and the challenges of daily life in a wheelchair, John decided he would become bigger and stronger than ever. So, he set about proving himself in the world's toughest sporting events. In 1995 John made history by becoming the first wheelchair athlete to finish the Hawaii Ironman Triathlon. In 1988 he became the first wheelchair athlete to swim the English Channel. John represented Australia at the Sydney 2000 Olympic and Paralympic Games, wheelchair racing. In 2001 he sailed in the Sydney to Hobart Yacht Race, and 2005 saw him complete the gruelling Molokai Ocean challenge (World Championships for open water paddling). In 2006 he took part in the invitation-only extreme endurance event, the Ultraman World Championships, in Hawaii. After 25 years as an incomplete paraplegic, John took his first steps towards achieving his dream to walk again. With the aid of carbon fibre leg braces and walking poles, John returned to complete the Nepean Triathlon in 2014, the same triathlon he was training for when he had his accident 25 years earlier.



Additional keynote presentations will be announced soon.....

Social events include:

- Welcome cocktail event at Twin Towns Conference Centre (Thursday 1 Oct 2026)
- Beach activities and seaside cocktail party at Greenmount Surf Club (Friday 2 Oct 2026)
- Conference Dinner at Husk Distillery (Sat 3 Oct 2026)

Expression of interest for both workshop presentations and sponsorship opportunities will be promoted in the near future, as will training and professional learning offerings.

Please register your interest with the QR code below.

GLASSER AUSTRALIA

**WGI INTERNATIONAL CONFERENCE
OCTOBER 2026 - GOLD COAST, AUSTRALIA**

Embracing Courage

September 28th - 1st October 2026 - Training Opportunities
If you are ready for the next level of training, there will be programs available. Stay tuned as we hear what our members require.

Thursday, 1st October - 6.00pm - 9.00pm
Welcome drinks, catch up and kick off!

Friday, 2nd October - Sunday, 4th October - The Main Event
Three wonderful days of keynotes and workshops focussing on our conference theme 'Embracing Courage'.

Monday, 5th October - Faculty Day
An opportunity to be with colleagues and enjoy deeper learning and inspirational conversations. More information to come.

gaadmin@glasseraustralia.com.au

www.glasseraustralia.com

Register your interest

2024 'Choosing Wellbeing' Conference

Maureen Sansom



The theme for the 2024 Glasser Australia (GA) conference was "Choosing Wellbeing" a mental health and wellbeing conference like no other! It was a very relevant theme given the amount of mental distress we see in our schools, communities, organisations and indeed across the world. Never has it been more important to teach the world Choice Theory and to work together to lead and practice inclusion, empowerment and care within every sector of our society.

The conference demonstrated valuable insights into how Dr Glasser's ideas are being used to assist with personal and public mental health. It extended what we already know about Choice Theory and provided a fantastic sharing and learning opportunity to gather new knowledge and skills. The conference committee was grateful that the conference was well attended by those who were endeavouring to promote better wellbeing and connection through sharing Choice Theory with the world.

The GA conference committee invited seven highly skilled and engaging keynote speakers:



James N. Kirby, Ph.D., an Associate Professor, Clinical Psychologist, and the Co-Director of the Compassionate Mind Research Group at the University of Queensland delivered a presentation 'Choose Compassion' that explored 'how it works and why it matters'.



Prof. Zoltan Sarnyai, a Professor at James Cook University delivered a keynote lecture that focused on how different aspects of climate change influence the brain throughout the human lifespan. He highlighted the underlying biological mechanisms and outlined ways of mitigating the impact of climate change on mental health.



Kari Sutton, a researcher, author, and international facilitator, was determined to change the conversation about how we promote positive mental health and emotional wellbeing. Kari presented a keynote that focused on 'Choosing Well-Being in an Ever-Changing World'.



In her presentation 'Inspire, Believe, Achieve', **Vanessa Stokes**, the 1st Aboriginal Softball Pitcher to ever represent Australia, and one who is regarded highly in the sport across the softball world, demonstrated her passion in building a legacy that is driven to create future pathway opportunities with Aboriginal people in remote and rural communities.



Cathy O'Toole and Meredith Wenta both have decades of extensive experience in leading and managing in organisations and projects within the education, mental health and wellbeing sector. In their presentation they shared how they worked as lead consultants with the Tropical Brain and Mind Foundation's Mentally Healthy City Townsville while developing the 7 Ways to wellbeing for Townsville Education Sectors, Small Business, Older Persons, and CALD communities.



Rob Stones, a retired high school principal, consultant and author shared the lessons learnt by Dr Glasser while applying Choice Theory at the Ventura School and their application for improving wellbeing in our educational systems.



The conference also hosted a range of passionate, highly skilled, and diverse speakers who willingly shared their knowledge and lived experiences to encourage learning conversations that provided a space for further knowledge and skill development. The

workshop themes covered Wellbeing in Education, Being Mentally Healthy, Wellbeing of Children and Families, and Leading with Wellbeing in Mind.

The conference committee was extremely grateful to all members, keynote speakers, presenters, attendees and Paula Baxter for efforts in making the conference a success.

2026 WGI International Conference

Glasser Australia (GA) is thrilled to be hosting the 2026 William Glasser International Conference at Mantra Twin Towns on the Gold Coast, Qld., July 2026. We look forward to seeing you there.

International Board Representative's Report

Jane Newman



To share and advocate Choice Theory by modelling effective relationships and networking with stakeholders. Inspiring social and emotional wellbeing for all humanity.

The international re-focus of the vision to be Sharing Choice Theory with the world.

The 3 key values the Board chose to guide all is Connecting, Leading and Celebrating.

The structure of the WGI Board continues with skill-based positions. These are:

WGI Board Members – Skill Based Board

Denzyl Witbooi - WGI Executive Director (South Africa)
Lynn Sumida – Chairperson (Canada)
Sonia Munos – Vice Chairperson (Columbia)
Susan Fleming - Training Portfolio (Australia)
Ahmed Alshatti – Treasurer
Laura Halliday – Marketing (Australia)
Mario Luduc – Member at Large (Canada and Mexico)
Shigeru Homma – Business Development (Japan)
Nadia Thonnad – Admin Officer (Based in South Africa)

The *William Glasser International (WGI)* membership policy has been under review, with a new proposed framework presented to all Member Organisations (MOs). As part of this global conversation, the Glasser Australia board and its representatives have been actively engaged in further discussions. These aim to ensure that the future structure reflects both the shared vision of the international community and the unique needs of local organisations like ours.

European Association of Reality Therapy Conference

I had the absolute pleasure of attending and speaking at the 8th European Association for Reality Therapy (EART) Conference, held in the beautiful seaside town of Dún Laoghaire, Ireland. The atmosphere was warm and welcoming with shared passion for Reality Therapy and Choice Theory.

I connected with an incredible group of people from across the globe—England, Ireland, Croatia, Slovakia, New Zealand, the United States, Canada, and more. It was both humbling and energising to be surrounded by such wisdom, curiosity, and commitment to this work. The conference was a wonderful opportunity to learn, grow, and be inspired by the experiences and insights of others who share a deep belief in the power of Reality Therapy.

I was honoured to present during the conference and had many meaningful conversations with attendees. I also took the opportunity to speak about the upcoming *International Conference* in Coolangatta, Australia, happening in October 2026. There was lots of interest and excitement about the event, and I look forward to welcoming many new (and familiar!) faces down under.

Overall, the EART conference was a beautiful reminder of the strength of our international community and the shared values that connect us, no matter where we come from. I'm deeply grateful for the experience and already looking forward to what comes next.

Glasser Quality Schools

Christine Duffield



Peregian Springs State School-recoverification as a WGI Glasser Quality School (GQS)

- In October 2024 Susan Fleming and I did an on-site visit to Peregian Springs State School (PSSS) to finalise their re-coverification as a WGI GQS.
- PSSS had provided Susan and I with documentation to support their bid for re-coverification prior to this visit. This documentation along with what we witnessed during our onsite visit enabled Susan and I to recommend to the WGI GQS committee that PSSS continues to be a WGI GQS.
- Jane Newman presented PSSS with a re-coverification certificate to support their ongoing achievement as a WGI GQS. The regional director was also invited to this presentation.

Newsletter Contributions (a work in progress)

In early May I contacted our five WGI GQS to ask for something they could contribute to a newsletter to showcase what has been happening in their school. These are some of the contributions:

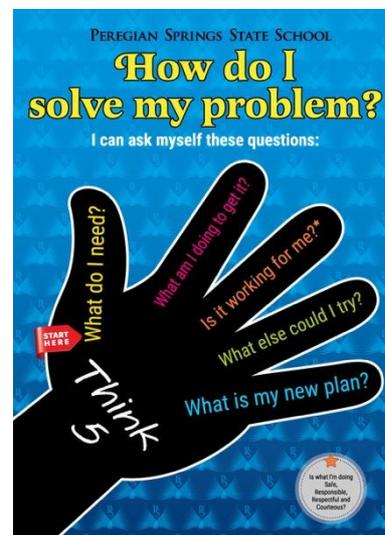
PSSS

Peregian Springs State School has developed a 'student friendly' version of reality therapy. This is called the Think 5.

The Think 5 was developed in consultation with staff, students and external experts. The Think 5 hand is visible throughout the school and students are taught how to use it as part of weekly Social and Emotional lessons.

Parents are exposed to the Think 5 through our school newsletter and in discussions about students chosen behaviours. Staff find having the Think 5 visible throughout the school useful as they can refer to the language and steps when discussing incidents with students.

In development of the Think 5 one language change was changing the word 'want' to 'need' with. The thought that the word 'need' is more likely to encourage students to reflect on their behaviour not 'want' others to solve their problem for them.



Everton Park State School (EPSS)

The wooden car in the photo is our latest dual-purpose play item. Our children were very excited to have a play in it during their play break this week. It can also be used during class time to help teach the Choice Theory concept of Total Behaviour and that almost all behaviour is chosen.



Mudgeeraba State Special School (MSSS)

Mudgeeraba Special School held its Get Happier Car Show earlier this year. At the car show, the students worked together with their classmates to build a car that showcased their personalities, interests and pictures from their quality world. While building the car the students learnt about choice theory concepts and our school values of Connected, Aware and Responsible.



WGI GQS Committee

I continue to attend these monthly meetings with people from around the world. We discuss all sorts of things to do with WGI GQs. Last meeting we got an update on the website that Juan Pablo Aljure is creating to showcase Dr Glasser's theory in practise.

I was recently part of a team that met (via zoom) with a teacher in Iran who wants to set up a school in from scratch so that it eventually becomes another WGI GQS.

The document that has the guidelines for becoming a WGI GQS is nearly ready to be shared with schools wishing to find out what is involved in becoming a WGI GQS.

BIT training at Bowden Brompton Primary School

I have been approached along with Sue Berry and Sylvia Habel to offer a Basic Practicum to interested staff at this school. The school indicated they wish to get more people trained in Dr Glasser's theory. This school is Gary Garnaut's 'old school'.

Sunshine Beach State School

Is up for re-coverification soon (it's overdue). The school's website still advertises that CT underpins everything they do at the school. So, I'll make contact and see if we can come up with a plan to get the re-coverification done ASAP.



Peregian Springs State School – re-coverification presentation presented by Jane Newman – WGI International Representative

Strategic Pillar Reports

Pillar: Collaborate, Lead and Influence (CLIP)

This report relates to the Collaborate, Lead & Influence Pillar for the current Glasser Australia (GA) Strategic Plan.

Committee Members	Peter Zanol, Sarah Rudling, Jane Newman, Sue Berry, Susan Fleming, Cathy Dillon
Introduction	This pillar is under direction of the Glasser Australia Board, focusing on move forward by discussing issues to meet the demands of Australian society. The information below is the highlights of the work done by this Pillar during this period.
Strategic Activity: Building quality relationships	<p>This activity continues to be a key focus for this pillar through a constructive functional approach.</p> <p>During the year the pillar has engaged in activities to:</p> <ul style="list-style-type: none"> • Review the GA Regional Coordinators with a new role description to continue the great work within the regions of Australia. • Continue to work at establishing the four main areas of GA: Education, Business, Counselling, Community networks. • Establish a GA Library, Resource centre and Vault to secure the important information and history of GA. • Continue to provide opportunities for communication, discussion and education within the membership online. • Assist where possible in the development of the 2026 International Conference. • Work with WGI to assist them in their endeavours and continue the connection with them. • Continue to emphasis quality relationships and collaboration between members through communication and a shared vision of the organisation. • Continue to develop contemporary activities that can engage GA with the wider community.
Future activities to meet the Strategic Plan	<ul style="list-style-type: none"> • Continue to emphasis quality relationships and collaboration between members through communication and a shared vision of the organisation. • Develop contemporary activities that can engage GA with the wider community. These range from involving the GA Faculty in programmes such as the GA Library to investigating social media around the young people and their activities. • Ensure we work with members by involving them in the development of future GA activities. • Ensure that this pillar (CLIP) group continue to work collaboratively. Many thanks to everyone on this pillar for what they have done so far along with the wonderful support of Paula Baxter.

Pillar: Governance

This report relates to the Governance Pillar for the current Glasser Australia (GA) Strategic Plan

Committee Members	Jo Astorini and Paula Baxter
Introduction	The GA Board has worked collaboratively to achieve a strong governance structure; this has been led by the Governance Committee and in collaboration with Senior Faculty, Faculty and members.
Strategic Activity: Develop a lead management aligned governance structure to meet organisational, legal and ACNC requirements.	<p>The implementation of the 2024-2026 Statement of Strategic Intent and Operational Plan is centred on the principles of Lead Management.</p> <p>GA has a suite of Policies and Procedures that are reviewed biannually or as appropriate. Polices that were developed and/or reviewed during 2024 – 2025 include:</p> <p>ACNC (Australian Charities and Non-For-Profits Commission) compliance evaluation and action plan. Code of Ethics Professional Conduct Procedures Updates of existing Privacy Policy Update of existing Training Policy</p> <p>Policies and Procedures are located on the GA Website. The President and Board Directors have a sound understanding of government principles and Board meetings are conducted regularly with a keen focus on Conflict of Interest and best governance practice. GA holds the Annual General Meeting in October each year.</p>
Strategic Activity: Ensure Compliance with ACNC.	<p>GA is a purpose membership-based, not for profit organisation limited by guarantee that provides access to Annual Reports, Policies and Procedures, training schedules and other relevant information via the GA website. The GA office is in Ipswich.</p> <p>GA Board Directors have provided evidence that they are not disqualified to sit on a Board, and each Director has signed a Responsible Person Form declaring that they are not disqualified. GA has a Policy in place to remove a Responsible Person who does not meet these requirements. Board Directors have provided their Director ID numbers. GA has a Board Director Induction Policy, and the newly appointed Board Director/s were provided a copy of Board Roles and Responsibilities and other relevant Policies to ensure that the ACNC Standards are understood. GA has undertaken a policy review to ensure that the organisation is protected from fraud or any breaches of relevant laws.</p>
Strategic Activity: Produce an Annual Report.	<p>The GA Annual Report highlights the exciting work that has been undertaken by the GA Board during 2024 – 2025. The GA Annual Report has been produced and lodged with the ACNC to meet specified standards. The GA Annual Report contains reports from the President, Treasurer, Conference Convener, and work undertaken by the GA Statement of Strategic Intent Pillar Committees during the year. The GA Annual Report is available on the website.</p> <p>GA thanks the President, Committee members of the Statement of Strategic Intent Pillars for their hard work and informative Reports.</p>
Additional Comments	None.

Pillar: Support Training and Faculty Growth

This report relates to the Training and Faculty Growth Pillar for the current Glasser Australia (GA) Strategic Plan.

Committee Members	Susan Fleming (Chair), Sue Berry, Cath Whalan, Bec Lane, Alison Turner, Michelle Sandri, Mark Barnard, Hellen Webster and Christine Duffield																																																																													
Introduction	<p><i>“Beginning shortly after birth, we learn to remember all that we do, or all that happens to us, that feels good. We then collect these very pleasurable memories into what is best called the quality world, and this memory world becomes the most important part of our lives.” - Dr William Glasser</i></p> <p><i>As an institution our focus has been on building relationships (pleasurable memories) to further unite all our faculty members and reflect the beliefs we stand for, teach, and live by each day.</i></p>																																																																													
<p>Strategic Activity:</p> <p>Develop flexible learning options that diversify and build sustainability.</p>	<p>Glasser Australia on the Rise:</p> <p>Over the past year, many people have joined our training programs—reflecting a growing curiosity about Choice Theory and a deeper recognition of its impact in both personal and professional life. This interest is a testament to the passion and dedication of those who continue to champion this work.</p> <p>As a sign of this momentum, we’re proud to welcome three new Senior Faculty members, strengthening our team and supporting the continued delivery of high-quality training across Australia. With this growth comes a renewed commitment: to uphold the high standards of our training and to continue responding thoughtfully to the needs of our expanding community.</p> <p>Table 1: Comparative table of training in Australia and number of participants (2019-2025)</p> <table border="1"> <thead> <tr> <th>Program</th> <th>July 19- June 20</th> <th>July 20- June 21</th> <th>July 21- June 22</th> <th>July 22- June 23</th> <th>July 23 – June 24</th> <th>Jul 24 – June 25</th> </tr> </thead> <tbody> <tr> <td>Basic Intensive Training</td> <td>270</td> <td>507</td> <td>895</td> <td>543</td> <td>672</td> <td>618</td> </tr> <tr> <td>Basic Practicum</td> <td>50</td> <td>86</td> <td>115</td> <td>63</td> <td>69</td> <td>67</td> </tr> <tr> <td>Advanced Intensive Training</td> <td>0</td> <td>25</td> <td>36</td> <td>17</td> <td>30</td> <td>17</td> </tr> <tr> <td>Advanced Practicum</td> <td>5</td> <td>0</td> <td>29</td> <td>38</td> <td>10</td> <td>8</td> </tr> <tr> <td>Certification</td> <td>16</td> <td>0</td> <td>12</td> <td>0</td> <td>19</td> <td>8</td> </tr> <tr> <td>Practicum Supervisor Training</td> <td>2</td> <td>9</td> <td>0</td> <td>1</td> <td>12</td> <td>0</td> </tr> <tr> <td>Practicum Supervisor Training Endorsement</td> <td>2</td> <td>10</td> <td>0</td> <td>2</td> <td>0</td> <td>11</td> </tr> <tr> <td>Basic Intensive Instructor Training</td> <td>2</td> <td>5</td> <td>4</td> <td>9</td> <td>0</td> <td>0</td> </tr> <tr> <td>Basic Intensive Instructor Endorsement</td> <td>4</td> <td>4</td> <td>0</td> <td>7</td> <td>4</td> <td></td> </tr> <tr> <td>Senior Faculty</td> <td>0</td> <td>0</td> <td>0</td> <td>1</td> <td>0</td> <td>3</td> </tr> </tbody> </table>	Program	July 19- June 20	July 20- June 21	July 21- June 22	July 22- June 23	July 23 – June 24	Jul 24 – June 25	Basic Intensive Training	270	507	895	543	672	618	Basic Practicum	50	86	115	63	69	67	Advanced Intensive Training	0	25	36	17	30	17	Advanced Practicum	5	0	29	38	10	8	Certification	16	0	12	0	19	8	Practicum Supervisor Training	2	9	0	1	12	0	Practicum Supervisor Training Endorsement	2	10	0	2	0	11	Basic Intensive Instructor Training	2	5	4	9	0	0	Basic Intensive Instructor Endorsement	4	4	0	7	4		Senior Faculty	0	0	0	1	0	3
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Flexible Learning

Glasser Australia remains committed to making Choice Theory training accessible, inclusive, and responsive to the diverse needs of our learners. Instructors have continued to expand delivery operations for the **Basic Intensive Training (BIT)**, now offered in a variety of flexible formats: four consecutive days, two blocks of two days, four single days, nine, 3-hour online sessions and nine 3-hour face to face sessions. This adaptability has enabled greater participation from individuals and groups across regional, remote and urban communities.

Basic and Advanced Practicums (BP & AP) are also being delivered through face to face, online, and blended formats – supporting learners as they deepen their understanding of Choice Theory and apply it to real life contexts. This structure fosters personal insight, connection and confidence.

In response to our evolving social landscape, **Faculty Training programs** have likewise been customised to reflect participant preferences, making it easier for aspiring faculty to progress through the pathway in ways that suit their learning styles and life commitments

Glasser Australia Scholarship

The Glasser Australia Scholarship, designed to support equitable access to training opportunities, has recently been reviewed and revitalised. A newly updated application form is now available on the GA website, making it easier for interested individuals to apply. [Guidelines scholarship application](#)

The Scholarship Committee has refined the approval criteria to create a more streamlined and flexible process. This approach allows each application to be assessed individually, considering the applicant's unique circumstances and financial needs.

As interested parties apply for scholarships to support their training—this process is strengthening the future of Glasser Australia by encouraging broader participation and fostering the growth of our community. This inclusive model reflects our belief in shared opportunity and mutual benefit: supporting learners while welcoming new members into GA. A true win-win.

Training Fees

The revised **2023 Training Fees Schedule** has been in effect throughout 2023/2024 and 2024/2025. The GA Board is currently considering a small increase to reflect the cpi increase to take effect in 2026/2027.

Any updates to fees and policies will continue to reflect Glasser Australia's commitment to fairness, sustainability, and the ongoing integrity of our training programs.

To request a copy of the current **Fees Schedule and Policy**, please email Paula at: gaadmin@glasseraustralia.com.au.

We invite all Faculty members to share their thoughts, questions, and feedback on this possible change. Your input will be carefully considered as part of the review process. Please direct all feedback to Rebecca Lane at: trainingofficer@glasseraustralia.com.au

Strategic Activity:

Engage faculty in professional development opportunities to promote growth and quality practises

Building Momentum Through Curiosity and Connection

A strong Senior Faculty team plays a vital role in cultivating a culture of curiosity, reflective practice, and evidence-informed teaching at Glasser Australia. As we continue to grow, our focus remains on creating spaces where instructors are encouraged to explore, question, and engage with emerging research in mental health and wellbeing—ensuring our training stays relevant, impactful, and grounded in best practice.

We warmly congratulate Sue Berry and Susan Fleming on their appointment to Senior Faculty. This well-deserved recognition celebrates not only deep expertise and commitment but also highlights Glasser Australia's dedication to supporting the growth and development of our teaching team.

The increasing interest from endorsed instructors in becoming Senior Faculty reflects a thriving and supportive professional community—one where learning is shared, ideas are welcomed, and growth is celebrated.

This momentum strengthens our foundation and ensures the continuity of our mission: to promote mental health, wellbeing, and internal empowerment through high-quality Choice Theory education.

Establish Procedures to Ensure the Quality of Current Trainings:

At Glasser Australia, we are committed to maintaining the highest standards in the delivery of our training programs. In 2024/2025, faculty members have embraced a collegial and collaborative approach to professional development, choosing to conduct trainings together as a means of continual growth.

This shared approach not only strengthens individual skills but also nurtures a vibrant and supportive learning environment across the faculty. By drawing on one another's knowledge, experience, and teaching styles, instructors are deepening their understanding and application of Dr William Glasser's work while modelling the principles of internal motivation, respect, and collaboration.

Professional Development: Faculty members have access to a rich pool of shared expertise, enabling ongoing learning and refinement of their facilitation skills.

Diverse Perspectives: Team teaching brings together a variety of backgrounds, insights, and instructional styles—encouraging innovation and adaptive approaches to training delivery.

Peer Learning and Support: This structure allows for mutual feedback, shared resources, and encouragement, creating a sense of community and confidence among faculty.

Commitment to Quality and Consistency: By working together and regularly reflecting on practice, faculty members are continually improving the structure, content, and delivery of Glasser Australia's training programs.

This collegial model reflects our values as an organisation and ensures that as we grow, we do so with integrity, shared purpose, and an unwavering focus on quality learning experiences. Several Faculty have also taken part in the online WGI Faculty Professional Development sessions offered several times a year which contributes to a more global sharing of ideas and knowledge and connected community.

Evaluating Policies for Credibility

We extend our sincere thanks to everyone who contributed their time, insights, and experience to the consultation process that shaped our updated **Training Policy (October 2024)**. Your collaboration has helped ensure our policies remain relevant, practical, and reflective of our shared values for the Australian context.

In line with our commitment to continuous improvement, we are currently reviewing and rewriting the **Pathway to Senior Faculty**. This updated pathway—designed to provide greater clarity, inclusivity, and alignment with best practice—will be released in 2025/2026, with some minor refinements expected as we continue to gather feedback.

Thank you for helping us uphold the integrity and credibility of our training processes.

Where to Next

Glasser Australia is currently reviewing and updating our Faculty Training manual to ensure that it is in alignment with WGI's Faculty Training Policy which is still under review. WGI will be holding consultation sessions for Faculty to contribute as part of this process. Your involvement in the consultation process will be very important and highly valued. A few Australian Faculty are part of the WGI training committee, so we are able to continue to share our best practises and learn from others in this area. We aim to provide full access to all relevant documents via our website

Online Sharing and Learning Groups: Learning Webinars for all

Hosted by Mary Ellen Davis and Rob Stones- *Exploring Glasser's Five Basic Needs: A Path to Personal Fulfilment*

Hosted by Cath Whalan and Duncan Davison - *Leadership that connects: An Introduction to Lead Management*

Future Work

Many more to come. If you would like to present a webinar and share your wealth of knowledge and understanding, please contact our office. We would love to be part of more learning.

	<p>Keeping Up to Date - Ensuring that Faculty are aware of current policy and procedures</p> <p>Policies and procedures guide GA’s operations, ensuring alignment with WGI standards and legal requirements. Staying current promotes consistency, reduces misunderstandings, and supports clear, accurate communication across our organisation</p>
<p>Strategic Activity:</p> <p>Promote growth of CT/RT/LM in education and Glasser Schools Accreditation Program</p>	<p>Our Glasser Quality School Coordinator Christine Duffield continues to support schools where Faculty are working with them to implement Choice Theory practises in their educational settings. Currently we have five Quality Schools in Australia.</p> <p>This year Peregrin Springs primary school was re co verified. They assisted us in reviewing and refining the re coverification process.</p> <p>Christine closely with the WGI Quality Schools Committee chaired by Bette Blance. She was recently asked to co verify a school in Iran where a number of schools are taking the Glasser Quality schooling journey. Christine shares more of the exciting progress in this area in her report which is included in this annual report.</p> <p>Sarah Rudling is now the Glasser Australia Board chair for Quality Schooling and works closely with Christine. Sarah is doing incredible work with schools in NSW along with other Faculty. One of the schools was featured in the WGI Symposium held this year. Congratulations</p>
<p>Strategic Activity:</p> <p>Explore Quality Business Accreditation programs</p>	<p>We still see this as an important initiative for the Australian context. Some work has been done by the Collaborative Lead and Influence pillar, chaired by Peter Zanol, who has a subcommittee working with him on innovative ways to engage and tailor our training products for the business world. We are awaiting information from WGI in relation to the progress of Glasser Quality Business programs, as this initiative is being developed and trialled in other Member Organisations. We will continue to explore how this can be initiated in Australia.</p>
<p>Strategic Activity:</p> <p>Promote the growth of Reality Therapy as a recognised therapeutic modality within the Human Services sector.</p>	<p>The stakeholder’s group for the Human Services sector continues to implement the recommendations from the Social Workers placement report 2024, based on survey feedback from human service workers trained in Choice Theory. We held two online workshops on Metaphors and Reality Therapy which were both practical and well attended. Certificates of attendance were given to meet professional development requirements for relevant professional associations.</p> <p>There continues to be an increase in the uptake of BIT’s and further training by those working in the Human Services sector.</p> <p>Activities for next year include:</p> <ul style="list-style-type: none"> • Regular Reality Therapy online peer supervision sessions for human service workers to be advertised on the website. • A list of supervisors who can provide professional supervision will be listed on the Website. • Four online workshops per year.
<p>Final Notes</p>	<p>Board Engagement and Strategic Direction</p> <p>The Glasser Australia Board both new and continuing members have been actively strengthening relationships and fostering a sense of collegiality and collaboration. This year, the Board met online via Zoom, enabling meaningful connection and productive dialogue.</p> <p>Gratitude</p> <p>A heartfelt thank you to everyone who has contributed to the growth and success of Glasser Australia over the past year. Your support, dedication, and involvement have made this a truly productive and enriching time.</p> <p>We look forward with enthusiasm to all that 2025–2026 will bring, as we continue to grow together and strengthen our shared commitment to Choice Theory. – Bec Lane, Training Officer</p>

Regional Coordinators' Reports

South East Queensland

Kerry Taylor



As the newly elected Regional Coordinator for South East Qld, I was looking forward to what the role entailed, especially connecting with people who embrace Choice Theory in their lives, both personally and professionally. I have enjoyed meeting and getting to know my fellow Regional Coordinator, who have met virtually on many occasions. We have worked together to understand the purpose of the Regional Coordinator role and together created a role statement to support our goals moving forward.

Faculty Training and Certification

Prior to the Glasser Australia conference in October 2024, two groups participated in their Endorsement Phase of Faculty Practicum Supervisor Training.

Congratulations to the following people from South-East Qld who, along with myself were endorsed as Practicum Supervisors:

Steve Dowlan, Sandy Gould, Deb Heather, Alex Moran, Graham Nunn, Meg Parkinson and Kerry Taylor.

It was a wonderful four days of learning, presenting and reflecting, with the groups led by Senior Faculty Instructors, Judy Hatswell, Gwen Sands, Rob Stones and Maggie Bolton. I'm proud to say that I have commenced my first group at Nundah SS as a practicum supervisor, co-leading along with Alison Daly who is working towards her practicum endorsement. We will complete the 4th day together with our group of 8 participants in October.

A Certification group also took place prior to the conference, led by Senior Faculty Instructor Mary Ellen Davis. We congratulate Kerrin Cridland from SE Qld on her Certification. Kerrin is introducing Choice Theory into her school in Brisbane.

Training in SE Qld Region

Choice Theory training is well represented in our region. There has been some Basic Week and Practicums completed on the Sunshine Coast. Jane Newman has been working with 11 schools in Brisbane North, South and West Moreton areas, with 3 more schools about to commence their first training in Choice Theory. Deb Cox, now based at Ascot State School has completed multiple Basic Week training groups for staff. Rob Stones ran an AIT in October and has been focussing his time writing about Choice Theory. We look forward to Rob's new book, aimed to be finished by the end of the year.

Glasser Quality School

Acknowledgement to Peregrian Springs State School, located on the Sunshine Coast who completed recertification as a Glasser Quality School in July.

A little something else...

Jane Newman has commenced a community group called *The Connected Core*. This group meets online monthly for some time to connect, support, be curious and learn from each other, all connected by Choice Theory. The July meeting focus was The Head, Heart and Hands of Choice Theory: A Journey of Understanding and Application. Whilst Jane is located in SE Qld, this group is for anyone interested.

Darling Downs Queensland

John Archibald



As I have been the Regional Coordinator for the Darling Downs since 2000, please let me know if there is anyone else in the region who is interested in the role.

Our goal has always been to provide opportunities for the many people who have completed various levels of training over many years in our region, to continue to develop their knowledge and skills in applying CT RT and LM both personally and professionally.

Another goal has been to share information and develop awareness of CT, RT, and LM and the ideas and work of Dr Glasser. I have a library CT RT and LM books which I lend and share or sell as well as resources such as back copies of the International Journal of CT and RT.

Our regional focus has been to maintain and build connections with various community groups and share the ideas of Dr Glasser. One of our members who completed certification many years ago has become a Take Charge of Your Life Facilitator and is now delivering the course to some members of the local U3A.

Since becoming a Basic Intensive Training Instructor, I have been able to deliver four Basic Intensive Trainings in our region over the last couple of years.

Over the last few years, a couple of short workshops have been delivered for the local Mental Health Professional network as well as two short introductory CT sessions to 5th Year Psychology Students at University of Southern Queensland (USQ)

Basic Practicum Supervision continues for a group of 8 -- 9 participants who continue to meet whenever we can although there are always difficulties in getting everyone together at the same time.

One of members of the practicum group is not only using lots of what she has been learning in her life and work, also sharing and modelling CT RT and LM with lots of others she works with in her business as she travels around Australia.

Working with the local Mental Health Professional Network has led to opportunities to work with Psychology students and their Clinical Manager and Supervisor to introduce CT, RT and LM. The Clinical Manager and Supervisor has just completed the BIT, is continuing with a Basic Practicum and plans to use and model CT RT and LM in her life and work as Supervisor, Clinical Psychologist and researcher at USQ.

We are continuing to provide opportunities for anyone in our region who has completed and CT training to keep in touch and refresh their knowledge, skills and the application of what they have learned in their personal and professional lives.

A future goal is to promote and offer short introductory sessions and courses such as Peaceful Parenting and TCOYL to create wider community awareness and interest in CT as well as the ideas and applications of the work of Dr Glasser.

A further goal is to promote the Glasser Australia website as well as next year's WGI conference at the Gold Coast in 2026 and promote membership of GA. Need to promote opportunities and advantages of membership such as access to resources such as webinars.

Another goal would be to reintroduce more informal network as have existed in the past in this region. Old data base of regional trainings now quite out of date.

New South Wales

Michelle Sandri



The New South Wales region has continued to make significant contributions to the advancement of Choice Theory in education and counselling, both within the region and on an international platform. Through strategic leadership, collaboration, and active engagement with schools and community, the region continues to play a vital role in the promotion of Dr William Glasser's works. Our vision is to take this sharing of knowledge and skills beyond training and into the heart of our communities and businesses.

Promotion of Glasser: The number of participants involved in training and learning over the last year, particularly in NSW public schools, has continued to increase. Faculty members continue to engage with schools across New South Wales to support school leadership teams to integrate Choice Theory into their strategic school improvement plans. Through their 'Salutogenic Schools Alliance', GA faculty members Sarah Rudling, Duncan Davison and Jodie Paterson have been actively working with schools to embed Choice Theory, Reality Therapy and Lead Management principles in leadership, classrooms and with parent and community stakeholders. In addition to this, Judy Hatswell, Duncan Davison and Cath Whalan have introduced over 300 school leaders to Glasser's internal model of psychology through their delivery of The Art of Leadership, a 6-day course championed by the NSW Primary Principals' Association. Other faculty members continue to 'Teach Choice Theory to the World', including Bec Lane, who facilitates a 'rolling' online Basic Practicum, offering participants the flexibility they value so highly. She is also bringing the spark of Choice Theory to her local community through one-day introductory workshops and short, engaging learning sessions with groups such as the Breast Cancer Association, Brain Injury support groups, and community organisations like Probus and Rotary.

Maureen Sansom, a faculty member and accredited workshop facilitator with William Glasser International, volunteers as the National Coordinator of Compassion Community Connectors Australia for the Global Compassion Coalition (GCC) and collaborates with Charter for Compassion Australia to promote compassion nationwide. Amongst her many roles, Maureen helps organize and promote the National Day of Compassion and the GCC's Festival of Compassion, both held across Australia and globally in September. With an emphasis on mental health and well-being, Maureen facilitates the 'Circles for C.H.O.I.C.E. while Taking Charge of Our Lives' workshop for her peers and community members. This workshop introduces methods for creating care- and connection-based systems in workplaces and communities—environments where people and relationships are valued and prioritised, while efforts are directed towards reducing anxiety and balancing needs. The program acknowledges that neurological patterns may be shaped by criticism, competitiveness, disconnection, or trauma. Further information about this program can be found at <https://communityconnectingcommunity.com>.

Representative of counsellors in NSW using Reality Therapy in their practice, Mark Burnard finds clients really connect well with concepts, especially connecting and disconnecting behaviours, the Quality World, Basic Needs and Total Behaviour (especially acknowledging the role of our physiology and the strength of our thinking). Understanding that our behaviour is our best attempt at the time to meet our needs and removing judgement from this by talking about behaviours being either effective or ineffective, responsible or irresponsible, rather than 'good/bad', 'right/wrong' is powerful.

Leadership Roles in Glasser Australia: The contribution from NSW to the Glasser Australia Board has been outstanding, with six of the nine current members proudly representing the state. Jodie Paterson, President (Oct 2024 – Jul 2025); Jo Astorini, Treasurer; Cath Whalan, Secretary and Bec Lane, Training Officer fulfil the Board's formal leadership positions. Beyond these roles, other NSW Board members have also made invaluable contributions: Duncan Davison, as Public Relations Officer, has driven the design of the new website and the creation of the Choice Matters newsletter, and Sarah Rudling, as Conference Convenor, has dedicated countless hours to planning the 2026 International Conference, which will be proudly hosted in Australia. We thank all of them for their commitment and look forward to welcoming you at the 2026 International Conference!

NSW Regional Coordinator Update: Due to health issues, Michelle Sandri is no longer able to continue as the NSW Regional Coordinator, a role she has held for the past five years. We sincerely thank her for her significant contributions to Glasser Australia and wish her all the best for a speedy recovery. If you are interested in taking over the role of NSW Regional Coordinator, please contact Paula.

Victoria Cathy Dillon



This year has seen rich and meaningful contributions from our members, with a strong focus on supporting schools and communities through the principles of Choice Theory (CT). Our work continues to demonstrate that CT is not about telling others how to live their lives, but rather equipping individuals—young and old—with the skills to live their own lives well.

One highlight was the invitation to present at a school in Southwest Gippsland (metro fringe), where CT was introduced by Mary Ellen Davis as a framework not only for whole-school approaches, but also for strengthening relationships among staff. We explored how CT can support learning adjustments by fostering a deeper understanding of the individual needs of children. The feedback was overwhelmingly positive, and we look forward to returning to further this work. Some delivery of CT is now being extended online, allowing us to reach a broader audience.

We see a continuation of counselling and coaching work across Victoria, which is helping embed CT, Reality Therapy (RT), and Lead Management (LM) principles into communities, school cultures and people's lives through individual practice. This ongoing work has been integral to teaching and supporting the meaningful implementation of Dr Glasser's work.

In the broader Get Happier School community, we have continued to see new schools—particularly from interstate and overseas—join the program. Ivan has been working in schools in Sydney and Singapore as well as Moama Anglican Grammar school. After 20 years, the decision was made by Ivan Honey in May 2025, to streamline and simplify the business side of the program however he remains deeply committed to supporting existing schools and educators in embedding Dr. Glasser's Choice Theory into daily school life. A newsletter is being sent out each term to let people know of new schools and keeps people informed and connected. In addition to this Ivan has continued supporting schools and educating young people with the skills for mental health.

We extend special thanks to Moama Anglican Grammar School, which has consistently taught and developed the program successfully across the school since 2014. We'll be returning there this year to provide updated training and welcome overseas visitors for further training and professional development.

In the local East Gippsland region, Jeff has had another incredibly active year with CT counselling and other work. One notable initiative was a Basic Intensive training with members of the local Aboriginal community, supported by Moogji Aboriginal Cooperative in Orbost. The success of this workshop has opened the door as they are keen to do future training and collaboration.

Ongoing relationships continue with Eagle Point School, where CT ideas remain embedded in the school culture. Outreach into the broader community is also growing through fortnightly columns in two regional newspapers—*Mind Matters*, a mental health column, and *Ask Jeff*, an advice column—both of which promote CT and Lead Management (LM) principles. This regular exposure as well as promotion on Jeff's website, are vehicles for exposing the local community to CT and LM ideas on a continuous basis which is making a significant positive impact on personal relationships, community connection, and workplace wellbeing.

Jeff has also partnered with the East Gippsland Shire Council to deliver a unique outreach program for council staff working across the shire, including extremely remote locations. These initiatives highlight the growing reach of CT, RT & LM in everyday settings.

We are deeply grateful to our members, colleagues, and friends—both in Australia and internationally—who continue to promote, implement, and evolve programs of work to teach CT, RT and LM. We look forward to another year of collaboration, innovation, and growth in bringing Choice Theory, Reality Therapy and Lead Management to life in communities and classrooms to the world.

South Australia

Christine Duffield



I have been the Regional Coordinator for South Australia for over five years, and I want to highlight what we do here in South Australia to spread the word regarding Dr Glasser's life-changing work.

Sue Berry and I continue to offer Take Charge of Your Life (TCOYL) courses here on the Eyre Peninsula. Mentally Fit EP has given Sue and I some funding to offer TCOYL courses to the public at no charge. I am also volunteering at The Haven here in Whyalla (it is a centre under the umbrella of Centacare for women who are survivors of DV). My plan is to run a TCOYL course on behalf of Mentally Fit. EP at this centre.

Sue Berry and I ran a Basic Intensive Training for the staff of Centacare (Sue last year in Port Lincoln and myself in January this year here in Whyalla). I have made contact on a few occasions to see if the staff of Centacare Whyalla are ready to continue with a BP (as a few of the participants indicated they were interested when the BIT finished in January).

Sarah Rudling, Duncan Davison, and Jodie Paterson did a Basic Intensive Training in CT/RT/LM at Bowden/Brompton Community School in January. The staff indicated to Sarah that they want to do further training. Sue, Sylvia Habel, and I are willing to do any further training with the school. Sue sent a letter to the school introducing us and informing them that the three of us are available to do any further training. We are awaiting their reply, so hopefully we will get more training happening in SA.

I also believe Sarah Rudling has run two Basic Intensive Trainings within the Youth Justice system (Kurlana Tapa Youth Justice Centre, SA).

I have worked with Jean Seville Suffield (from Canada) and Monire Hosseini and Mohammad Sanganian (from Iran) to coverify Iran's first WGI Glasser Quality School. An amazing experience. I have just been contacted by Bette Blance and Denzyl Witbooi as there are two other schools in Iran who are interested in using Choice Theory to underpin the pedagogy of their schools.

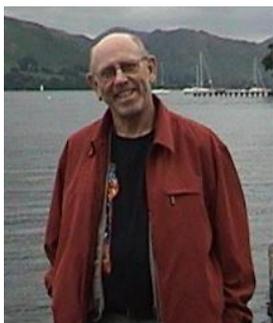
Sue has been to Singapore to run an Advanced training in Choice Theory.

Sue Berry (AUS), Bette Blance (NZ), Nancy Herrick (USA), Farida (India), Ellen Gellenis (Canada), Deb Andrew (USA) and I are meeting monthly to update/remodel/reshape the TCOYL course. We plan to have one version for in person and another for online courses.

I have also worked with a group of people to adapt Kim Olver's Mental Freedom book to be suitable for college aged people (18year olds +).

Northern Territory

John Cooper



ANZAC Hill High School (AHHS) closed at end of 2009. (The sound buildings torn down in 2018). There have been very few Choice Theory training courses in NT since then.

Upon resuming teaching in 2010 I ran student year level and adult workshops addressing the Take Care of Your Life Program, in both Centralian Middle School and Centralian Senior College. There was no ambition to invest in more significant training.

As the NT Coordinator – there was no news, nothing to coordinate and no information to act upon. At the time I attempted to call and email those who had completed the Basic Program; (over 1,000) I learned that many had given school email addresses and had moved on, many had changed phone numbers, many left no details. Of those I did contact no one wished to continue, many could say how it affected their lives and work positively.

I presented three Submissions to promote Choice Theory Programs to the Royal Commission into the Protection and Detention of Children in the Northern Territory. These presentations addressed:

- (i) how people work together and take responsibility for their own actions.
- (ii) how one small urban middle school became a community needs-satisfying school.
- (iii) how many schools contribute to the rate of juvenile detention by use of the practices of shame, blame and suspend.

However, it would be helpful for Glasser Australia prepare a brochure, of depth with statistics and quality observations of our Glasser Schools, before during and after their journey. Such a document may well influence a school, region, system or state to engage more with what we have to offer.

Western Australia

Alison Turner



Western Australia: A New Chapter Unfolds

In 2025, the sands of Western Australia shifted ever so slightly as two gatherings sparked fresh curiosity and conversation in the field. Jane Newman brought her expertise and insight into the west, hosting two distinct experiences, each a steppingstone towards a new phase of development.

South of Perth: The Spark

The first event, a three-hour workshop nestled in Perth's southern reaches welcomed nine participants into a vibrant circle of learning. While brief, the session was rich in ideas. The air hummed with energy as participants leaned in, challenged concepts, and shared perspectives. The feedback was warm and encouraging proof that even short encounters can ignite meaningful discussions.

North of the City: The Deep Dive

The second gathering, a full day workshop to the north of Perth, drew a smaller but highly engaged group of six participants. Here, there was room to slow down, explore concepts in greater depth, and weave connections between theory and practice. Discussions flowed with ease, opening pathways to deeper understanding and application.

Looking Back, Looking Forward

Perth and Western Australia have long benefited from the influence of Maggie Bolton, whose earlier work laid strong foundations in the region. Yet the story is shifting, it's the beginning of a new phase. The challenge now is one of visibility, connection, and momentum: to reach potential participants, to share the relevance and vitality of this work, and to nurture a core community of trained practitioners who can anchor it with Western Australian. The seeds have been planted. With strategic marketing, creative outreach, and sustained engagement, this vision has the potential to grow into a robust network on that honours the past while boldly shaping the future of this work in Western Australia.